

SALPICÃO de FRANGO:

A BRAZILIAN FAMILY FAVORITE

Salpicão is a very special chicken salad. It is my family's favorite and we eat it at Christmas every year! My avo (grandma) said that salpicão was first made in the 1860's in Brazil. All Brazilians eat this special chicken salad during Christmas and New Year celebrations. The ingredients used are chicken, vegetables, mayonnaise, parsley, carrots, peas, olives, raisins, and potato straws. But people can add whatever they like too!

My mother got this recipe from her mother. She shared it with my sister when she got married. My mother told me that she will teach my brother and me how to make salpicão as well.